FOCUS ON PDHPE

The Personal Development, Health and Physical Education department has a very busy program of events to look forward to in 2015. We welcome Mr Lachlan Blaikie, previously from the Support KLA and a trained PDHPE teacher to our faculty full time. Ms Sarah Murray will also be spending 2015 in the PDHPE department along with Mr Mac Gorringe for first term.

We are very enthusiastic about our new gymnasium, class rooms and fitness laboratory. This has improved the opportunity for our students to be exposed to a variety of new practical experiences. The provision of additional facilities that will increase the opportunities with these being some of the best in the State.

House Captains and Leadership teams for 2015

Congratulations to the following students who have been successful in leading their houses for 2015 in the Swimming, Athletics and School Fun Run events.

**Lawson House**
Brendan McMahon, Charlie McKenna, McKenzee Newton, Shenoa Marchant-Dallas, Teagan Welton, Shania Morgan, Cindy McGrath, Mikayla Lay, Sabrina New

**Evans House**
Esmond Gray, Amy Deaton, Paige Debenham and Jordan Goulding

**Blaxland House**
Cherish Bright, Jasmine Cuzner, Joshua Cambey
**PDHPE Continued******

-Wentworth House-

Catherine Walther, Abby Shaw, Preston Parker, Braydon Ross, Mitchell Rooke, McCoy White, Felix Quinn, Paige Salas, Claire Woolmington and Emma Siejka.

**Denison College BHC Swimming Carnival**

**2015 Age Champions**

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<th>Age</th>
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<td>14Yr</td>
<td>Olivia PUGH, WENTWORTH</td>
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<td>Kimberley CAMPBELL, BLAXLAND</td>
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<tr>
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<td>Jenna MURPHY, LAWSON</td>
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<tr>
<td>17+Yr</td>
<td>Jessica MCLEOD, LAWSON</td>
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<tr>
<td>13Yr</td>
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<tr>
<td>14Yr</td>
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<td>15Yr</td>
<td>Henry VEILANDE, WENTWORTH</td>
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<tr>
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<td>Nicholas JOHNSON, BLAXLAND</td>
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<tr>
<td>17+Yr</td>
<td>Brendan MCMAHON, LAWSON</td>
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PDHPE Continued.......
PDHPE Continued......
PDHPE Continued.......
Western School Sport Representatives to Combined HS State Carnivals and Knockouts

Throughout the year, school coaches will be seeking students to try out for the many teams that we enter in WSSA and CHS knockout competitions. Teams will have open selections and at least two trials. Students must listen out for notices in roll call and attend these selections to be considered for these teams. Unfortunately, many of our teams are open teams and there are limited spaces for junior students. All the best to our teams this year and many thanks to those parents who continue to support the PDHPE staff, school coaching staff and help to transport students to buses for those early morning departures and late night arrivals.

WSSA – Western School Sport Association is on Facebook, check them out for updates, trial information and photos from representative events this year.

The NSW Combined High Schools Cricket Carnival was run in Bathurst. Tyler Horton, Ryan Peacock and Kieran Lindsay were successful in gaining selection for the Western Region team and are currently competing around the Bathurst district’s cricket ovals.

*Tyler Horton, Ryan Peacock and Kieran Lindsay*

Scott Matheson playing off a handicap of 1 and Blake Arthur playing off 8 are entered in the WSSA Golf Matchplay Championships.

We are sending a team of 12 swimmers to Dubbo for the WSSA Regional Championships. Best of luck to these swimmers; Kimberely Campbell, Sienna Cheevers, Ella Davis, Kacey Fox, Brendan McMahon, Travis McMahon, Jenna Murphy, Olivia Pugh, Ben Roffe, Braydon Ross, Anna-Rose Simmons and Henry Veilande.

*Mr Darren Hamilton*
*Head Teacher PDHPE*
On Friday the 30th of January, the Bathurst High Open Boy’s Cricket team travelled to Dubbo to play Dubbo in the Western Region final for the Alan Davidson Shield. We lost the toss and Dubbo elected to bat first on a field with a flat pitch and fast outfield. Dubbo started the game strongly, with one of their opening batsmen scoring 87. This helped Dubbo to a total of 184 off 40 overs. Overall the bowling effort from Bathurst High was strong, with the wickets evenly spread throughout the team. Josh Sargent (3/22) did well to bowl the Dubbo tail out for less than 30 runs.

Our batting innings started slowly losing one of our key bats within the first over but we were able to recover and be 4/100 after 20 overs. After our top order was unable to continue any of the good starts that were made, Mitchell Rooke (18) and Nic Broes (31*) were able to steady our innings and begin to chase down Dubbo’s total. As the match drew towards the end both Paul Abbot (Bathurst Coach) and Tim Berry (Dubbo Coach) knew the game was going to go down to the last over. We needed eight runs an over for the last 4 overs, the game came down to 2 runs off the last two balls and we were unlucky to lose Rooke and Dylan Sargent to two good balls and a good catch.

Overall the boys performed well throughout the competition, always displaying sportsmanship and team spirit, we were just unlucky to lose the final. For many of the team it was our last year and for us to reach the final was still an achievement.

As a captain I couldn’t be more pleased with how the boys performed throughout the competition. Thanks for the year Mr Abott!

Retired players: Tyler Horton, Mitchell Rooke, Dylan Sargent, Josh Sargent, Scott Matheson, John Warburton and Ricky Daymond.

By Ricky Daymond

---

**NSW CHS Tennis Championships**

Bryson Richards, Ben Tullier, Sam Burrow and Sophie McCauley will all be competing in the NSW CHS Tennis Championships at the Parramatta City Tennis Courts on March 3rd - 6th, 2015.

These championships will also act as a selection trial for the All School Championships to be held in Bathurst. It is great to have four students competing in these championships which will be a great experience and challenge.

Good luck!
News on the School Planning Front

Bathurst High, like every public school in the state, is currently developing our strategic plan. This plan is designed to cover the period from 2015—2017. As part of the strategic plan we are developing three key strategic directions for the next three years. Currently the plan is in draft format and over the next few newsletters I will be putting through extra information and inviting comment from our community.

This plan is being developed in partnership with Kelso High Campus as a whole of college plan and we have identified three critical areas that we believe should be a focus for our growth.

They are:

**Strategic Direction 1:** Learning and Assessment—underpinned by the knowledge that learning for all students is at the heart of what we do. Effective assessment and feedback is at the heart of students being able to demonstrate their learning and grow from the feedback they receive.

**Strategic Direction 2:** Values and Culture—This is based on our desire to see our students emerge from this high school as innovative, confident, creative and informed citizens who make positive contributions to the local, national and global community.

**Strategic Direction 3:** Professional Excellence—is driven by the desire to give our teachers the tools to deliver their personal best for the students. This can only be done in a school where professional learning and growth are the accepted norm.

I believe we have the substantial elements of all three areas already in existence but planning is about building on the things that an organisation does well and I strongly believe that with these three directions as a focus, we will be able to do just that.

**ALARM**

Alarm is not something that goes off in the night (well not in this case). It is an acronym for “A Learning and Response Matrix.” This is a framework that helps students write HSC exam answers and teachers to teach how to analyse questions and write these answers. Max Woods, a teacher at Freshwater Senior Campus of Northern Beaches College (the big brother or sister of Denison College) developed this to improve the results there. It was spectacularly successful. It is one of the new processes being introduced as part of the strategic plan. It is a critical part of the Learning and Assessment direction.

Our teachers have had their initial induction into ALARM and some have started to implement it in their classrooms. In term 2 we will have a parent evening to introduce parents of year 11 and 12 students to the concept. I think it will be a great addition to our HSC learning arsenal.

**Opening of Our New Facilities**

This will take place on Wednesday the 11th of March. The facilities will be opened by Paul Toole who is deputising for the Minister for Education, Adrian Piccoli. The official party of approximately 25 guests as well as our leadership team will move together through facilities.

Along the way they will see performances by the Kelso High “Cirkus Surreal”, our Dance Ensemble, Vocal Group, Swing Factor and see PDHPE and a fitness lesson before we moving into the gymnasium for a whole school assembly and the official opening. For anyone who wants to come to the assembly, it is timed to commence at 11.15 in the gym and will take 15—20 minutes.

I am sure we will have some brilliant photos for the next newsletter.

Geoff Hastings
Principal
February 2015

Year 7 2016 Transition Program

It seems incredible, but our Year 6 to 7 Transition Programs, iLearn and iexplore, have commenced and it is great to see students from our partner schools at our campuses. Through these programs, Year 6 students get the opportunity to enjoy the opportunities available through the specialist teachers and facilities at both the Bathurst and Kelso High Campuses.

In order to better cater for our students and partner primary schools, we have made some minor adjustments to these programs this year.

In Semester 1 (terms 1 and 2), the transition activities, which are focused on transition into secondary education, will be specific to schools. In first semester, primary schools will attend the program at their partner secondary campus. Information in relation to dates and times has already been sent to our partner public schools.

In Semester 2 (Terms 3 and 4), once the campuses have received Expressions of Interest for enrolment and College management has had the opportunity to consider out of zone requests (based on special circumstance, such as access to specialised programs or sibling enrolments) we will tailor the transition more to student and parent request for access to a particular campus.

Although, as a general rule, students must be enrolled at the campus for which they are zoned, we will ensure that all students have the opportunity to attend transition activities at the campus at which they will be enrolled in Year 7 2016.

We can also cater for students who are not currently enrolled in a local public school but intending to enrol in Year 7 at Denison College next year.

Specific inquiries in relation to Denison College Transition Programs should be referred to:

Bathurst HC – iexplore (6331 3755) - Cassie Burt, Head Teacher Junior Studies (Rlg) or
Kelso HC – iLearn (6331 4544) Anna Townend, Head Teacher Junior Studies.

Craig Petersen
College Principal
A Message from the Deputy Principal Senior School

Year 11 students who did not receive their Assessment Policy need to get one from me. Students will have assessments to complete over the next few weeks. They should access their assessment schedules to ensure they know due dates for tasks on the millennium portal. Teachers also give notices of assessment tasks. If students need support with time management they should talk to me or their student adviser.

Many students are involved in extracurricular activities over the coming weeks. Last week Year 10 students were involved in a program called “Love Bites”. The program is an extremely successful school-based domestic violence and sexual assault prevention program for 15 to 17 year olds. It consists of two interactive education workshops. The program is delivered by workers from local community agencies who have been trained as Love Bites facilitators.

A selected group of Year 10 students will also be involved in a P.A.R.T.Y. program. This is an in-hospital injury and trauma prevention program run by Royal North Shore Hospital Trauma Service. Its goal is to reduce the over representation of young adults in injury and trauma statistics. This is a one day program which allows students to see first-hand the consequences of risk-taking behaviours in everyday life.

Throughout the day the students will:
- Hear from doctors, nurses, allied health staff and paramedics on the harsh reality of poor choices
- Spend time in interactive sessions in the emergency room, intensive care and rehabilitation units to understand how it feels to have a severe injury or disability.
- Hear the story of a trauma patient recovering from the injuries on the trauma ward.

Students will also be involved in many excursions: Year 10, 11 and 12 Visual Arts students are going to Sydney to visit Art Express, Year 11 Legal Studies students to the Bathurst Court House and Year 10 History students involved in Bathurst history in Bicentennial Park.

A special congratulation goes to Danika Smith, a member of our leadership team on winning the Lions Youth of the Year. More details are in a separate article.

Please encourage all students in the senior school to develop some sound study habits. There are many people in the school who are available to support them. Their student advisers can sit down with them and plan their time with them. We have a Head Teacher Welfare and full time School Counsellors if they need support. On Wednesday afternoon we have free Maths tutoring available from 2pm to 5pm in the library. If you are at all concerned about your child’s progress please phone or make an appointment to come and talk to me.

Jenny Stirling
Deputy Principal
Senior School
Term 1 has continued to be a busy and productive time as students settle well into their studies and extra curricula activities. It was great seeing so many of our students participate in the swimming carnival. Students are to be particularly congratulated for being sun safe on the day. It’s also pleasing to see so many of our students participating in activities such as dance ensemble, band, debating and public speaking.

A reminder that students need to listen carefully to the student notices at roll call to ensure they get important details of how to participate in these activities. Tryouts for various sporting teams are also in the school notices.

By now, most students should have received some assessment tasks. It is important that students begin work on these early so that it is not a rush at the end. Teachers explain the requirements of assessments in class and some time is usually allocated to complete work on them in class. Students are encouraged to ask their teachers for additional assistance if they require it.

As mentioned in the last newsletter, I have now met with each year group to go through the school’s expectations of learning and behavior. It was also an opportunity to remind students about important school routines and procedures, such as where to go for a leave pass. We were able to use our new Performing Arts Theatre for these meetings. I know that student advisors will be utilizing this fantastic space for future meetings as the space is ideal for whole year group presentations.

Preparations are well under way by staff for the Year 7 Camp. Mr Ferguson and Ms Cloherty, the Year 7 Student Advisors, will be sending a final letter home shortly with some reminders about the camp, including a list of what to bring and the camp contact details. I am planning on coming out to visit the camp on Thursday the 12th and am really looking forward to it. We are lucky to have so many committed teachers and support staff not only attending the camp, but also putting in so much time preparing for it.

Year 7 also have their first round of vaccinations at the beginning of March. These are organized by Mauricia Withyman and will be held in the Performing Arts Foyer. If you have not done so please make sure your child returns their form to the office as soon as possible. Students who have missed out on a vaccination in the older years may also be able to have a catch up during this time. Students are notified on the day if they require this catchup.

Once again if you have questions or concerns regarding any aspect of your child’s learning please do not hesitate to contact the school. The office staff are fantastic at directing you to the most appropriate person for your enquiry.

It’s hard to believe we’re already halfway through the term!

Stephanie Scott
Relieving Deputy Principal
Middle School
Lions Youth of the Year Competition

The Lions Youth of the Year Competition is designed to “encourage, foster and develop leadership in conjunction with other citizenship qualities in our youth, at the age when they are about to enter the fields of employment or higher education, and provides students with the incentive to pay greater attention to these general qualities, so vital in developing our youth into first class citizens.” Students who enter the competition have to complete an intense interview with a panel of three judges, present a prepared speech of 5 minutes and 2 impromptu speeches, each of 2 minutes. It is an exhaustive process in which they are judged on their personality, leadership, cultural achievements, sportsmanship, public speaking and good citizenship.

This year the Denison College, Bathurst High Campus representative was Danika Smith in Year 12. Danika is a member of the Leadership Team, Swing Factor and the senior Debating Team. Danika competed in the Youth of the year competition held by Bathurst Lions Club on Thursday 19th February at the Bathurst RSL Club. Despite strong competition, Danika was successful on the night in being named the Bathurst Lions Club Youth and the Year.

Congratulations Danika!
Please congratulate the new.....

**Bathurst High Campus Dance Ensembles**

**2015 Junior Dance Ensemble**  
*Rehearsal Time: Tuesdays 8:00-8:55am*

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<td>Lily</td>
<td>Cole</td>
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<td>Bree</td>
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<td>Elise</td>
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<td>Lilly</td>
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<td>Sophia</td>
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**2015 Senior Dance Ensemble**  
*Rehearsal Time: Thursdays 8:00-8:55am*

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<tr>
<td>Chloe</td>
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*Please see Miss Reid for your Ensemble Contract*
Creative and Performing Arts Faculty

Introducing the Movement Studio

Dance Students have been delighted to return to school this year as they have a new learning space. The new Movement Studio has mirrors across the longest wall, allowing all students to view their technique and improve their Dance skills. Students can also now increase their loco motor skills, with a bigger and better dance space. Here are our Year 9 students in action!
Creative and Performing Arts Faculty
Vaccinations

NSW SCHOOL VACCINATION PROGRAM 2015

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program. The first round of Vaccinations will take place on **Tuesday 3rd March, 2015**.

In 2015 the following vaccines will be offered:

**Year 7 students***

dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough) as a single dose
varicella vaccine (chickenpox) as a single dose; and
human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits have been sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the consent form, as this is required to record the student’s information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.
Visit by ex-student - Jennifer Browning

Bathurst High received a very special visitor last week. Ex-student Jennifer Browning, who now works for the ABC Network as a sports journalist. She came to the school to talk to Year 7 about aspirations and setting goals. Year 7 study Integrated Studies and they are about to start a topic on covering these themes.

Jennifer told students "It is hard to believe that it is 18 years since I was starting Year 7 at Bathurst High. When I was at school I was often in trouble for talking too much. I was also a good swimmer and some teachers thought I could probably talk under water! Who would have thought that I'd be paid to talk for a living? I am now a network sports reporter in the Sydney ABC newsroom."

Jennifer continued to tell the students about the path to her career. "Although I was talkative I loved school and learning. The things I loved the most were public speaking, debating and, of course, sport. In my early years at High School I was unsure of what I wanted to do. I considered careers in swimming or tennis coaching, dance teacher, even physiotherapy."

Jennifer made up her mind when the Olympics came to town. Not only did she watch every minute of the games, live or on TV but during that year the head of Communications from Charles Sturt University came to speak at Bathurst High about a new course they were launching…….a double degree in Sports Journalism. Jennifer says "The light bulb flicked on. This was going to be my career!" she was then in Year Ten.

Jennifer told Year 7 that "CSU has a world-wide reputation for its communications degrees, producing many famous news men and women…… Andrew Denton, Melissa Doyle and Sam Armytage to name a few. They call it the Mitchell Mafia. CSU was a fantastic place to study as it was all about hands on learning.” Jennifer encouraged her captive audience to consider our amazing local University rather than the big city universities.

Jennifer says the best way to make your goals happen is put them into action. She started by writing articles for the local paper, doing work experience at the local radio station, volunteering at the community radio station. She told students to seize every opportunity presented to them. That school presents a huge array of opportunities, whether it is playing in the band, representing in sport, entering a science competition or nominating for the SRC.

Jennifer finished the address with "Yes, fate and chance can play a role but YOU are in the driver's seat about how you will react to whatever happens in your life. You may not be able to change what happens around you but you can change your reaction to it. 18 years ago I was sitting in class, never dreaming I would be here speaking to you today"

Her message to today's Year 7 at Bathurst High, school can be tough and a cool career may seem a long way off…..BUT…..if you set your goals, strive to do your best, seek assistance from your teachers and believe in yourself….anything is possible."
Year 12 are studying the war poetry of Wilfred Owen. They were asked to compose an empathy task; a letter to a loved one from the trenches of WWI. These are the responses...

Dear Mankato:

This may be the last letter you will be receiving until mid July. I am in terrible condition. The trenches not only smell bad, but also some of us have already infected by plague, which they died soon after. I do not know how long can I take it for, I am sick of being here. Sometimes I feel like I would rather have a bullet in my head rather than being alive. If I made it till July, I will try to write another letter to you. I don't even know if this letter will be delivered to you. How are mum and dad doing? Don't need to answer, just promise me you will take care of them. I cannot talk about anything about war conditions in this letter simply because Military will not allow me to, and if I did, they will treat me as ‘attempted betrayal’, god. I made a few friends though, but only three is here with me, alive.

I am not writing this letter in a progressive order, because I do not have the luxury of time doing so. I have not been into a proper sleep for a long time, though my brain cannot tell me the estimated time. If I made through this alive, please welcome me with the best dinner we've ever had in our life. I was terrified when my first mate died, right in front of me. His head exploded, blood spilled all over me. But then after that, when people dies, I don't feel so strange anymore. I have 10 confirmed kill so far, and I know I will join them; sometimes soon enough join them, either by a bullet (or few) or plague.

I don't know if this part of the letter is going to be sent or hidden, but I must tell you, fighting in WWI, in trench war, is nothing glorious but surrounded by fact, brutal, ugly side of humanity. There is nothing to be f*cking proud of, people killing each other, in the most ugly way you can possibly imagine. Using Gun, fist, teeth, or just a water jar. I am tired of all this, I don't know how long I will live, but I will do my best, for my love to you, my brother, and mom & dad.

...Good luck to myself

Sincerely, Johnson.

12, Jan 1918.

[Xianhong Meng’s production]

5/1915

My dear brother Bill,

I know I said I will return for your Birthday, but unfortunate events mean I cannot. Germans are re enforcing the front line, their attacks are fewer but they still possess a strong foothold. The rain is relentless. You’ve never seen anything like it. The mud is thick, the trenches are flooding, with blood? Or water? I do not know. The days are but a blur, there is no sleep in the trenches on account of the shelling, which seems to be more frequent than rain. It is like someone has released the lid off hell. There is no god here.

I've been working the tunnels by night, just two weeks ago our tunnel converged into the Germans. They were already dead, gas we assumed. I sometimes wonder why we fight this war? Do the Germans wonder too? We lost 12 engineers in the regiment so far, not to Germans but disease. The food is nothing special, mould and maggots have plagued the trenches. Men have no toilet, no sterile water, the state of the trenches is unimaginable. The smells reek of destruction and death, there is no escape, no end but in death. Death was once feared by all men at the beginning of this war, now it seems most men hope for it, beg for it as a release, a saviour.
Year 12 English, Creative Letters cont...

Cont…
I can only tell you the bare minimum for now. At this current moment the Germans seem to be resting. There is no end to the gunfire. There is no escape to the insane noise. My rifle remains silent, untouched but ready. The Germans have turned to the use of nerve gas. It is a violent and crude form of warfare. They issued us our gas masks 4 weeks ago. The pain, the headaches and the aching eyes are just some of the smaller side effects of exposure to the gas. There are more serious effects too frightening to contemplate. We lost many men yesterday, they marched them across the open field towards the enemy stronghold. Machine guns reigned thousands of bullets from above.
I so rarely receive your letters. Maybe they're lost amongst the other 10 million lost letters you hear about. News is scarce from the home country. Be careful what you write brother. Letters are intercepted all the time. I hope for an end to this war, a stop to the devastation and the heart break. I think of home at every chance. It is longing to see my family that powers me to survive. How are our dear parents? Friends we share?

All my love, John

(Written by Alex Johnson.)

My dear sister, Anne,

I write to you in a pitiful state of melancholia. Unfortunately, things have declined significantly since I wrote you last.
I have begun formal combat in Turkey. When we first arrived, the weather seemed very unpleasant, but that period has ceased. On hot days we swelter and the word ‘chilly’ has left our vocabularies. The rainfall is horrendous and our trenches are constantly being flooded.
The cuisine is less than exceptional. I haven’t seen fresh meat or fruit since I’ve been here. All we are rationed is tinned meat, fruit preserves and dry biscuits and tea. I am unsure why they have rationed us tea as we are very regularly without clean water. I suppose that if we are depleted of food altogether, we could use the tea as food. I suppose that tea is simply a peculiar, sweet blend of rosemary when you look past the fact that it is simply tea.
The rats are an absolute plague, Anne. One man in my battalion retired to his quarters, exhausted. He went to bed without his boots on and woke to find a rat nibbling at his toes. After that incident, most men never take their boots off, but when they do, they find that the skin on the bottom of their feet has completely rotted.
We are all jumping with fleas and lice. Some men, when they have finished their rations even eat them! I suppose that they are indeed killing two birds with the one stone. Unfortunately, because they must use dirty water and they often don’t boil the water for cooking their fleas, they contract dysentery. Many of my comrades have been admitted to hospital for dysentery.
Others have gone mad. Just a few days ago a man named Harry went over the top. It was a sorry sight, seeing a pulverised, crimson body lying on the stretcher. You see, he almost ventured onto no-man’s land but as soon as his chest was above the trench he was immediately shot back down.
Your friend, Bertie, is still alive, but he is far too young to be here. He never should have lied about his age. I hope you are well. I wish I was home with you all and I am sending all my love to you, Ma and Pa.

Sincerely, George

(Written by Catherine Walther)
### Coming Events

- **3rd March 2015**  
  Vaccinations Year 7 students
- **4th March 2015**  
  P & C Meeting 7.30pm Staff Common Room
- **5th March 2015**  
  Years 10, 11 and 12 Visual Arts excursion to Sydney.
- **11th March through to 13th**  
  Year 7 Camp
- **17th March 2015**  
  Athletics Carnival
- **23rd March 2015**  
  HSC Mid Course Exams
- **31st March 2015**  
  Preliminary Study Day CSU

### Please note....

**P & C**

Bathurst High Campus P&C meets the 1st Wednesday of each month.  
Our next meeting will be on Wednesday 4th March in the staffroom at 7.30pm.  
This meeting includes the AGM. Hope to see you there.

### Community Notices

**Come and Try BMX**

The Bathurst and District BMX Club will be holding a *Come and Try Day* on Saturday 22\textsuperscript{nd} February from 1.00pm. Anybody interested in riding BMX bikes should attend. Accredited BMX Coaches and Club Officials will be giving expert tuition and assistance to all participants.

**Date:** Saturday 22\textsuperscript{nd} February 2014  
**Time:** 1.00 pm  
**Location:** River Road Race Track, Kelso

Participants should bring their own bike, helmet (full face if possible) and wear full length pants, long sleeve shirt and gloves.

This is a free event. For more information contact Clare 0427 540 934
**Community Notices cont........**

**Safer Drivers Course for Learner Drivers**

How does knocking 20 hours off your Learner's compulsory 120 Logbook hours sound? With the introduction of the Safer Drivers Course for Learner Drivers you can. The 5 hour course is made up of a three hour in class session followed by a two hour in-car coaching session on another day. Our next courses are being run on Wednesday 18th February at 5pm and Sunday 1st March at 10am. For more info, or to book, call PCYC Bathurst on 6331 2191.

**OOT NETBALL CLUB REGISTRATION DAY**

**2015 NETBALL COMPETITION**

Love playing netball or want to learn? Join us for the 2015 season of netball in Bathurst.

Registration days for Out of Touch Netball Club will be:

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 19</td>
<td>4pm to 6pm</td>
<td>Bathurst City Centre near Smiggle</td>
</tr>
<tr>
<td>Saturday 21</td>
<td>10am to 12pm</td>
<td>Netball Clubhouse at the Netball Courts</td>
</tr>
</tbody>
</table>

Please visit our website for information or membership forms: www.outoftouchnetball.asn.au. Or just come along and complete the forms at one of our Registration days. New members are always welcome. We have teams for all ages.

**Aspire Gymnastics**

is a new club to the Bathurst Region.

It will be located in Kelso and will hold classes Monday - Friday, for ages 3 years- 17+. Our club prides itself on delivering high quality programs, where success is achievable for recreational children, teenagers and adults, as well as competitive WAG Levels 1-5. The club will also hold workshops and parties.

Gymnastics is a sport for everybody and a sport for life, regardless of age, gender or ability. It is the perfect activity to prepare children for long term participation in sport and develops vital life skills. It is lots of fun, develops balance, coordination and confident body movement, as well as builds self esteem, strength and flexibility.

We have begun taking enrolments, so come join in the fun! Contact now for more details: aspiregymnastics2795@outlook.com OR 0431 215 525 OR Find us on Facebook.
CWA Public Speaking Competition

Bathurst High School students have been invited to compete in the 2015 Public Speaking Competition. The competition is open to students in all years and will be held at Kinross Wolaroi School in Orange on Tuesday, 26th May, 2016. This is a fabulous opportunity to enjoy a fun day, meet new people and practise writing, speaking and listening skills.

Topics are as follows:

**Years 7 and 8: (3 mins)**
- Mobiles
- My best advice so far
- Gallipoli – triumph or tragedy

**Years 9 and 10: (4 mins)**
- Being young is over rated
- My Greatest Hope
- The lessons of Gallipoli

**Years 11 and 12: (4 mins)**
- Intelligence is not enough
- Control by media
- Parents can be trained

Students must have a draft ready to audition for the competition by Week 7. Places are limited.

See Ms Murphy for more details.
Community Notices cont....... 

Bathurst Junior Rugby 2015 registration nights

Bathurst Junior Rugby is your local rugby union club, we play in a central west regional competition, and a number of local games with surrounding schools and other clubs. We are based at the Bathurst Bulldogs fantastic facility at Anne Ashwood Park. The goal of our club is to foster a family friendly environment and build the following of Rugby within our area.

Our club has offered many opportunities for our players over recent years including training sessions with Wallabies players, pre matches to Waratah’s games, Guards of honour at Waratah’s and Bledisloe cup games, billeting opportunities with Central Coast and Sydney clubs, and games against international teams from Japan. This year’s registration nights will be held on Friday February 20\textsuperscript{th} and Friday February 27\textsuperscript{th}, commencing from 5:30pm at Anne Ashwood Park on Hereford St Kelso.

All potential new players are welcome from under 7’s to under 13’s i.e. from ages 5 to 13
There will be a skills session with the coaches and a free sausage sizzle for all present on both nights.
We would welcome all enquiries either on the registration nights or call 0419768926

COULD YOU BECOME A FOSTER CARER?

Life Without Barriers is currently seeking compassionate people who are willing to share their homes with children and young people who require their support and care.

We are looking for people who can provide a nurturing and stable home to a child or young person with high needs. Foster carers need to be resilient, have creative problem solving skills, be able to engage with services and have a good knowledge of their local community.

Life Without Barriers provide carers with: 24/7 support, extensive training and a tax free carer reimbursement.

Our carers range in age and cultural background and can be single, same sex couples, defacto or married couples, with or without their own children.

If you would like to make a positive difference to a young person’s life, we’d love to hear from you.

P: 63949713
M: 0429 998 506
E: lee.curtis@lwb.org.au

Denison College of Secondary Education—Bathurst High Campus—www.bathurst-h.schools.nsw.edu.au
JOIN THE BEST HOCKEY CLUB IN BATHURST

There’s a team for everyone as the club boasts teams in every junior and senior grade, from Minkey to Vets.

St Pats Hockey Club will be holding its 2015 Registration at the Hockey Complex, Cooke Park, Saturday 7th March from 10.00am – 1.00pm.
St Pats is a fabulous club with a long and strong tradition as a family club that has fostered the development of many State and Australian players over its history.
Club officials will assist with Online registrations and all the club merchandise will be available to purchase. There will be current and past Australian reps present, as they make up part of the quality coaching and administrative team supporting the club. Fees are kept low due to substantial sponsorship support.
The club will provide access at Rego Day to a dentist, who will professionally fit mouthguards at competitive prices, ready for the beginning of the season.

PARENTING TEENAGERS.

Veritas House will be conducting our first FREE Teen Triple P parenting program for this year.
Bring the joy back into parenting and solve problems such as,
Over use of technology
Resistance to school
No help around the house
The program begins on Tuesday 10 March
Morning or evening sessions available.
Please ring Graham Palmer on 6332 2277 for more information and to reserve a place.
## Community Notices cont........

### Activity Schedule - Term 1 2015
Commences Monday 2nd February

<table>
<thead>
<tr>
<th>Activity</th>
<th>Schedule</th>
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<tbody>
<tr>
<td><strong>Boxing 4 Fitness</strong></td>
<td>Tuesday &amp; Thursday @ 6pm, Wednesday @ 5pm $7 per class</td>
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<tr>
<td><strong>Gymnastics</strong></td>
<td>Weekdays from 4pm, Adult class Monday @ 6pm Term fees apply</td>
</tr>
<tr>
<td><strong>Circus</strong></td>
<td>15yrs+ Tuesday @ 6:30pm, 12 -15yrs Wednesday @ 6pm, 5-12yrs Friday @ 5pm</td>
</tr>
<tr>
<td><strong>Amateur Boxing</strong></td>
<td>Monday &amp; Thursday @ 5pm $8 per class</td>
</tr>
<tr>
<td><strong>KinderGym</strong></td>
<td>Wednesday to Friday @ 11am, For bubs walking to 5yrs, Term fees apply</td>
</tr>
<tr>
<td><strong>Hip Hop &amp; Modern Dance</strong></td>
<td>Tuesday &amp; Thursday @ 4:30pm $6.50 per class</td>
</tr>
<tr>
<td><strong>Kids Self Defence</strong></td>
<td>Primary School, Tuesday &amp; Thursday @ 6pm $5 per class</td>
</tr>
<tr>
<td><strong>Jumbled Sports</strong></td>
<td>5 – 9 years - Wednesday @ 4pm, 10 - 15 years – Tuesday @ 4pm $5 per Class</td>
</tr>
<tr>
<td><strong>Martial Arts</strong></td>
<td>High School &amp; Adults, Tuesday &amp; Thursday @ 7pm $8 per class</td>
</tr>
<tr>
<td><strong>Junior Boxing</strong></td>
<td>Monday &amp; Thursday Primary School @ 4pm, High School @ 5pm $5.50 per class</td>
</tr>
<tr>
<td><strong>Zumba</strong></td>
<td>Monday @ 6:30pm $7 per class</td>
</tr>
<tr>
<td><strong>Sahaja Yoga and Meditation</strong></td>
<td>Wednesday @ 6:30pm Free for PCYC Members</td>
</tr>
<tr>
<td><strong>Disability Sport A Month</strong></td>
<td>Thursday @ 1:30pm $5 per Class</td>
</tr>
<tr>
<td><strong>Judo</strong></td>
<td>Monday &amp; Wednesday Juniors @ 5pm $5 per class, Seniors Wed @ 6:30pm $8 per class</td>
</tr>
</tbody>
</table>
The Bathurst Motor Registry is being refurbished from Saturday 28 February

When it reopens in late April it will be a Service NSW centre.

During the refurbishment period transactions can be completed online at service.nsw.gov.au or by visiting:

- Bathurst Temporary Motor Registry
  Cnr Mitchell Hwy and Bradwardine Rd
  (all transactions available except for Maritime transactions and computer-based tests)
  Open: 8:30am to 5pm Monday to Friday
  8:30am to 12pm Saturday

- Orange Service Centre
  122 - 124 Kite Street
  Open: 7am to 7pm Monday to Friday
  8:30am to 3pm Saturday

- Lithgow Motor Registry
  Cnr Lithgow and Bent Streets, Shop 51, Valley Plaza
  Open: 9am to 5pm Monday to Friday

For more information: visit service.nsw.gov.au, call 13 77 88 or download the mobile apps.